

KCS WaterSafe™ Contest 2021

Congratulations! You are one step closer to being KCS WaterSafe.™

Follow these instructions to be entered in a contest to win **1 free month of swimming lessons**, a pair of **KCS goggles** and a **KCS Swimming cap** (valued at approximately **\$250**)!

1. Pick your favourite colours and fill in the ribbon to make it your own.
2. Add your name on the line in the ribbon.
3. With the help of your parents/guardians, cut out the ribbon from this page.
4. Film a video of you taking the three promises wearing your ribbon or pose with the ribbon to show everyone that you are committing to being safe around the water!
5. Ask your parents/guardians to post the picture or the video on facebook or instagram and Tag @KidsCanSwimCanada using #KCSWaterSafe2021



KIDS CAN SWIM

**WATER SAFETY
PROMISES™**

I, _____,

PROMISE THAT I WILL:

- 1. NEVER SWIM ALONE:**
- 2. ALWAYS PRACTICE KCS' SAFE ENTRIES AND EXITS:**
- 3. ALWAYS FOLLOW THE RULES OF THE POOL:**

BY AGREEING TO THE ABOVE

**YOU ARE NOW
KCS WATERSAFE™**